

~~Notice of Intent to Provide Human Sexuality Instruction~~

Dear Parent or Guardian ~~of a Middle School Student~~:

~~If your child is Fort Worth ISD 6th grade students are~~ enrolled in ~~our 6th-Grade the~~ “Moving to Wellness” ~~class, or a 7th-or 8th-grade PE class, our health~~ Health and Physical Education (PE) class. ~~The purpose of this letter is to inform you that the District’s Health~~ instruction includes information ~~on about abstinence and~~ human sexuality. The ~~FWISD Board of Education~~ Health curriculum was adopted by the District in 2015, ~~the district’s and has been endorsed by the District’s~~ School Health Advisory Council, ~~and the Centers for Disease Control have all endorsed this Texas standards-based information. The district’s School Health Advisory Council is comprised of parents, community, and staff members and is appointed by the Board of Education to assist in ensuring that local community values are reflected in the District’s health education instruction. This will be the third year we have used this curriculum and to date, it has been very well received by both the students and teachers. We know that our students need to have this knowledge and perhaps more important, the skills to make the right decisions concerning their health.~~ (SHAC) and the Centers for Disease Control & Prevention (CDC).

~~The focus of these lessons is for the students to learn:~~

~~The five units of the Health Curriculum are:~~

- ~~• Emotional and Mental Health~~
- ~~• Nutrition and Physical Activity~~
- ~~• Tobacco, Alcohol, and other Drug Prevention~~
- ~~• Violence and Injury Prevention~~
- ~~• Abstinence, Puberty, and Personal Health~~

~~The unit that includes Abstinence, Puberty, and Personal Health is made up of 15 individual lessons taught late in the spring semester. The focus of the Abstinence, Puberty, and Personal Health portion of the curriculum is for students to learn about the following:~~

- ~~• The male and female reproductive systems;~~
- ~~• The menstrual cycle and pregnancy;~~
- ~~• Feelings and relationships;~~

~~August 2017~~



- ~~the consequences~~ Consequences of sexual activity and the benefits of abstinence as the only ~~means of totally avoiding pregnancy and STDs~~ sure method of preventing pregnancy, sexually transmitted diseases, infection with Human Immunodeficiency Virus (HIV) or Acquired Immune Deficiency Syndrome (AIDS);
- Sexuality and gender identity;
- ~~effective~~ Effective words and actions for resisting sexual pressure and remaining abstinent;
- ~~how~~ How to use effective refusal skills to resist peer pressure.

~~Instruction on this health information will be provided by FWISD teachers. These teachers have been provided specific training to ensure that this information is addressed in a professional and sensitive manner. If you wish to review the health curriculum materials used in this course in advance of this instruction,~~ we encourage you to do so by contacting either Georgi Roberts or Brooke Sharples in the Health and Physical Education Department at 817-814-2595 ~~or via email at georgi.roberts@fwisd.org or brooke.sharples@fwisd.org.~~

Attached you will find a form that provides parents with two participation options for Unit 5, Abstinence, Puberty, and Personal Health. Please read, sign, and return the attached form to your child’s teacher by February 9, 2019.

~~By state law, if you do not want your child to receive instruction in this area, please sign the form entitled “Request to Withhold Child from Sexuality Instruction” and return it to your child’s principal. Your child will not be subject to any disciplinary action, academic penalty or any other sanction as a result of this action. If we do not receive a signed copy of the form, your child will be expected to participate in this unit of our middle school health curriculum.~~

Fort Worth Independent School District

Request to Withhold Child from Middle School Sexuality Instruction

By signing and returning this form you request that your child not receive instruction on human sexuality.

Unit 5: Abstinence, Puberty and Personal Health

<u>5-1</u>	<u>Staying Healthy for a Lifetime</u>
<u>5-2</u>	<u>Protecting My Body From Disease</u>



<u>5-3</u>	<u>*Assessment: Protecting My Body From Disease</u>
<u>5-4</u>	<u>Body Systems</u>
<u>5-5</u>	<u>Talking About Sexuality</u>
<u>5-6</u>	<u>Puberty</u>
<u>5-7</u>	<u>The Female Reproductive System</u>
<u>5-8</u>	<u>The Male Reproductive System</u>
<u>5-9</u>	<u>*Assessment: Female and Male Reproductive Systems</u>
<u>5-10</u>	<u>The Menstrual Cycle and Pregnancy</u>
<u>5-11</u>	<u>Taking Care of Sexual Health</u>
<u>5-12</u>	<u>Feelings and Relationships</u>
<u>5-13</u>	<u>Beliefs of Abstinence</u>
<u>5-14</u>	<u>Planning Ahead to Be Abstinent</u>
<u>5-15</u>	<u>Resisting Sexual Pressure</u>
<u>5-16</u>	<u>Role Play Practice: Saying NO to Sexual Pressure</u>
<u>5-17</u>	<u>Achieving Goals Through Abstinence</u>
<u>5-18</u>	<u>*Assessment: Unit 5</u>

Return this form to your child's principal by February 4, 2019

Student Name _____

Health Teacher Name _____ Class Period _____

My child (print name) _____ will:

(place an X in front of your choice)

Opt in: participate in all lessons associated with Unit 5: Abstinence, Puberty and Personal Health

~~I request that my child, _____, **not receive** any instruction on state-approved comprehensive sexuality education unit. I understand that my child~~

Opt out: be excused from the above mentioned Unit 5 lessons and will be expected to complete alternative assignments provided by ~~his or her~~ the health teacher. ~~My child attends~~ _____ middle school.



Fort Worth
INDEPENDENT SCHOOL DISTRICT

Parent/Guardian Signature _____

Date _____

Parent or Guardian's Name

Signature

Return this form to your child's principal by February 1st, 2018.

August 2017